

Neris analytics

Jouw persoonlijkheidstype is:
"Protagonist" (ENFJ-a)



Geest:	Extravert 81%	Instrovert 19%
Energie:	Intuitief 57%	Realistisch 43%
Natuur	Op logica gericht 36%	Op principes gericht 64%
Tactiek:	Plannend 55%	Zoekend 45%
Identiteit:	Assertief 58%	Voorzichtig 42%

"Alles wat u nu doet deint uit en beïnvloedt iedereen. Uw houding kan uw hart doen schitteren of angst tentoonstellen. Uw adem kan liefde uitstralen of de kamer depressiviteit brengen. Uw vluchtige blik kan blijdschap ontwakken. Uw woorden kunnen tot vrijheid inspireren. Iedere handeling van u kan de harten en geesten openen."

David Deida

ENFJ's zijn van nature leiders, vol van passie en charismatisch. Ze maken ongeveer 2 procent van de bevolking uit en zijn vaak onze politici, coaches en leraren, en reiken naar anderen uit en inspireren ze om goed te doen en veel voor de wereld te betekenen. ENFJ's halen, met een natuurlijk zelfvertrouwen dat invloed afroept, veel trots en blijdschap uit het leiden van anderen om samen te werken en henzelf en hun gemeenschap te verbeteren.

Sterk Geloof In De Mensen

Mensen voelen zich aangetrokken tot sterke persoonlijkheden, en ENFJ's stralen authenticiteit, zorg en altruïsme uit. Ze schromen niet om op te staan en te spreken wanneer ze voelen dat er iets gezegd dient te worden. Ze vinden het natuurlijk en gemakkelijk om, met name persoonlijk, met anderen te communiceren en hun Intuïtieve (N) eigenschap helpt mensen met het ENFJ persoonlijkheidstype om iedereen te bereiken, dan wel met behulp van feiten en logica, of met rauwe emoties. ENFJ's herkennen andermans beweegredenen en ogenschijnlijk ongerelateerde gebeurtenissen met gemak en zijn in staat om deze ideeën samen te brengen en ze met een simpelweg fascinerende eloquentie als een algemene doelstelling te presenteren.

De interesse die ENFJ's in anderen hebben is oprecht. Soms is dat een nadeel, want als ze in iemand geloven, kunnen ze te nauw bij hun problemen betrokken raken en hen teveel van hun vertrouwen geven. Gelukkig blijkt dit vertrouwen vaak een zichzelf waarmakende voorspelling te zijn, aangezien het altruïsme en de authenticiteit van ENFJ's de mensen waar ze om geven inspireren om zelf beter te worden. Maar als ze niet voorzichtig zijn, kunnen ze hun optimisme te ver doordrukken en soms daarbij anderen verder duwen dan ze zouden willen.

ENFJ's zijn ook in een ander opzicht kwetsbaar: ze hebben een onvoorstelbare capaciteit om hun eigen gevoelens te overdenken en te analyseren, maar wanneer ze teveel bij andermans lot betrokken raken, kunnen ze een soort emotionele hypochondrie ontwikkelen en andermans problemen bij henzelf herkennen, en ze in henzelf proberen op te lossen terwijl er eigenlijk helemaal niets mis is. Als ze een punt bereiken waar ze zelf door de beperkingen die anderen ervaren worden teruggehouden, kan het de vaardigheid van ENFJ's om voorbij het dilemma te kijken beletten en daardoor helemaal niet behulpzaam meer zijn. Wanneer dit gebeurt is het belangrijk voor ENFJ's om zich terug te trekken en hun zelfreflectie te gebruiken om het onderscheid te maken tussen wat ze daadwerkelijk voelen, en wat een losstaand probleem is dat van een ander oogpunt bekeken zou moeten worden.

De Worsteling Zou Ons Niet Moeten Beletten Om Een Doel Te Ondersteunen Waar We Achterstaan

ENFJ's zijn oprechte, zorgdragende mensen die zowel denken als doen, en niets maakt ze blijer dan de leiding te voeren en hun team met een aanstekelijk enthousiasme te verenigen en te motiveren.

Mensen met het ENFJ persoonlijkheidstype zijn gepassioneerde altruïsten, en dat komt hen niet altijd ten goede. Ze zullen problemen niet gauw uit de weg gaan wanneer ze zich voor ideeën en mensen inzetten waar ze in geloven. Het is dan ook niet verwonderlijk dat veel beroemde ENFJ's President van de VS zijn geworden. Dit persoonlijkheidstype wil de weg naar een betere toekomst leiden, of het nu is door een land naar welvarendheid, of hun voetbalteam naar een hard verdiende overwinning te leiden.

Beroemde ENFJ's:



Barack Obama



Oprah Winfrey



John Cusack



Ben Affleck

ENFJ Strengths and Weaknesses

ENFJ Strengths



- **Tolerant** – ENFJs are true team players, and they recognize that that means listening to other peoples' opinions, even when they contradict their own. They admit they don't have all the answers, and are often receptive to dissent, so long as it remains constructive.
- **Reliable** – The one thing that galls ENFJs the most is the idea of letting down a person or cause they believe in. If it's possible, ENFJs can always be counted on to see it through.
- **Charismatic** – Charm and popularity are qualities ENFJs have in spades. They instinctively know how to capture an audience, and pick up on mood and motivation in ways that allow them to communicate with reason, emotion, passion, restraint – whatever the situation calls for. Talented imitators, ENFJs are able to shift their tone and manner to reflect the needs of the audience, while still maintaining their own voice.
- **Altruistic** – Uniting these qualities is ENFJs' unyielding desire to do good in and for their communities, be it in their own home or the global stage. Warm and selfless, ENFJs genuinely believe that if they can just bring people together, they can do a world of good.
- **Natural Leaders** – More than seeking authority themselves, ENFJs often end up in leadership roles at the request of others, cheered on by the many admirers of their strong personality and positive vision.

ENFJ Weaknesses



- **Overly Idealistic** – People with the ENFJ personality type can be caught off guard as they find that, through circumstance or nature, or simple misunderstanding, people fight against them and defy the principles they've adopted, however well-intentioned they may be. They are more likely to feel pity for this opposition than anger, and can earn a reputation of naïveté.
- **Too Selfless** – ENFJs can bury themselves in their hopeful promises, feeling others' problems as their own and striving hard to meet their word. If they aren't careful, they can spread themselves too thin, and be left unable to help anyone.
- **Too Sensitive** – While receptive to criticism, seeing it as a tool for leading a better team, it's easy for ENFJs to take it a little too much to heart. Their sensitivity to others means that ENFJs sometimes feel problems that aren't their own and try to fix things they can't fix, worrying if they are doing enough.
- **Fluctuating Self-Esteem** – ENFJs define their self-esteem by whether they are able to live up to their ideals, and sometimes ask for criticism more out of insecurity than out of confidence, always wondering what they could do better. If they fail to meet a goal or to help someone they said they'd help, their self-confidence will undoubtedly plummet.
- **Struggle to Make Tough Decisions** – If caught between a rock and a hard place, ENFJs can be stricken with paralysis, imagining all the consequences of their actions, especially if those consequences are humanitarian.

ENFJ Relationships

People who share the ENFJ personality type feel most at home when they are in a relationship, and few types are more eager to establish a loving commitment with their chosen partners. ENFJs take dating and relationships seriously, selecting partners with an eye towards the long haul, rather than the more casual approach that might be expected from some Explorer (SP) types. There's really no greater joy for ENFJs than to help along the goals of someone they care about, and the interweaving of lives that a committed relationship represents is the perfect opportunity to do just that.

I'm a Slow Walker, but I Never Walk Back

Even in the dating phase, people with the ENFJ personality type are ready to show their commitment by taking the time and effort to establish themselves as dependable, trustworthy partners.



Their Intuitive (N) trait helps them to keep up with the rapidly shifting moods that are common early in relationships, but ENFJs will still rely on conversations about their mutual feelings, checking the pulse of the relationship by asking how things are, and if there's anything else they can do. While this can help to keep conflict, which ENFJs abhor, to a minimum, they also risk being overbearing or needy – ENFJs should keep in mind that sometimes the only thing that's wrong is being asked what's wrong too often.

ENFJs don't need much to be happy, just to know that their partner is happy, and for their partner to express that happiness through visible affection. Making others' goals come to fruition is often the chiefest concern of ENFJs, and they will spare no effort in helping their partner to live the dream. If they aren't careful though, ENFJs' quest for their partners' satisfaction can leave them neglecting their own needs, and it's important for them to remember to express those needs on occasion, especially early on.

You Cannot Escape the Responsibility of Tomorrow by Evading It Today

ENFJs' tendency to avoid any kind of conflict, sometimes even sacrificing their own principles to keep the peace, can lead to long-term problems if these efforts never fully resolve the underlying issues that they mask. On the other hand, people with the ENFJ personality type can sometimes be too preemptive in resolving their conflicts, asking for criticisms and suggestions in ways that convey neediness or insecurity. ENFJs invest their emotions wholly in their relationships, and are sometimes so eager to please that it actually undermines the relationship – this can lead to resentment, and even the failure of the relationship. When this happens, ENFJs experience strong senses of guilt and betrayal, as they see all their efforts slip away.

If potential partners appreciate these qualities though, and make an effort themselves to look after the needs of their ENFJ partners, they will enjoy long, happy, passionate relationships. ENFJs are known to be dependable lovers, perhaps more interested in routine and stability than spontaneity in their sex lives, but always dedicated to the selfless satisfaction of their partners. Ultimately, ENFJ personality types believe that the only true happiness is mutual happiness, and that's the stuff successful relationships are made of.

ENFJ Friends

When it comes to friendships, ENFJs are anything but passive. While some personality types may accept the circumstantial highs and lows of friendship, their feelings waxing and waning with the times, ENFJs will put active effort into maintaining these connections, viewing them as substantial and important, not something to let slip away through laziness or inattention.

This philosophy of genuine connection is core to the ENFJ personality type, and while it is visible in the workplace and in romance, it is clearest in the breadth and depth of ENFJ friendships.



All My Life I Have Tried to Pluck a Thistle and Plant a Flower Wherever the Flower Would Grow...

People with the ENFJ personality type take genuine pleasure in getting to know other people, and have no trouble talking with people of all types and modes of thought. Even in disagreement, other perspectives are fascinating to ENFJs – though like most people, they connect best with individuals who share their principles and ideals, and Diplomats (NF) and Analysts (NT) are best able to explore ENFJs' viewpoints with them, which are simply too idealistic for most. It is with these closest friends that ENFJs will truly open up, keeping their many other connections in a realm of lighthearted but genuine support and encouragement.

Others truly value their ENFJ friends, appreciating the warmth, kindness, and sincere optimism and cheer they bring to the table. ENFJs want to be the best friends possible, and it shows in how they work to find out not just the superficial interests of their friends, but their strengths, passions, hopes and dreams. Nothing makes ENFJs happier than to see the people they care about do well, and they are more than happy to take their own time and energy to help make it happen.

We Should Be Too Big to Take Offense, and Too Noble to Give It

While ENFJs enjoy lending this helping hand, other personality types may simply not have the energy or drive to keep up with it – creating further strain, people with the ENFJ personality type can become offended if their efforts aren't reciprocated when the opportunity arises. Ultimately, ENFJs' give and take can become stifling to types who are more interested in the moment than the future, or who simply have Identities that rest firmly on the Assertive side, making them content with who they are and uninterested in the sort of self-improvement and goal-setting that ENFJs hold so dear.

When this happens ENFJ personalities can be critical, if they believe it necessary. While usually tactful and often helpful, if their friend is already annoyed by ENFJs' attempts to push them forward, it can simply cause them to dig in their heels further. ENFJs should try to avoid taking this personally when it happens, and relax their inflexibility into an occasional "live and let live" attitude.

Ultimately though, ENFJs will find that their excitement and unyielding optimism will yield them many satisfying relationships with people who appreciate and share their vision and authenticity. The joy ENFJs take in moving things forward means that there is always a sense of purpose behind their friendships, creating bonds that are not easily shaken.

ENFJ Careers

When it comes to finding a career, people with the ENFJ personality type cast their eyes towards anything that lets them do what they love most – helping other people! Lucky for them, people like being helped, and are even willing to pay for it, which means that ENFJs are rarely wanting for inspiration and opportunity in their search for meaningful work.



Don't Worry When You Are Not Recognized, but Strive to Be Worthy of Recognition

ENFJs take a genuine interest in other people, approaching them with warm sociability and a helpful earnestness that rarely goes unnoticed. Altruistic careers like social and religious work, teaching, counseling, and advising of all sorts are popular avenues, giving people with the ENFJ personality type a chance to help others learn, grow, and become more independent. This attitude, alongside their social skills, emotional intelligence and tendency to be “that person who

knows everybody”, can be adapted to quite a range of other careers as well, making ENFJs natural HR administrators, event coordinators, and politicians – anything that helps a community or organization to operate more smoothly.

To top it all off, ENFJs are able to express themselves both creatively and honestly, allowing them to approach positions as sales representatives and advertising consultants from a certain idealistic perspective, intuitively picking up on the needs and wants of their customers, and working to make them happier. However, ENFJs need to make sure they get to focus on people, not systems and spreadsheets, and they are unlikely to have the stomach for making the sort of decisions required in corporate governance positions – they will feel haunted, knowing that their decision cost someone their job, or that their product cost someone their life.

Having a preference for Intuition (N) over Observation (S) also means that careers demanding exceptional situational awareness, such as law enforcement, military service, and emergency response, will cause ENFJs to burn out quickly. While great at organizing willing parties and winning over skeptics, in dangerous situations ENFJs just won't be able to maintain the sort of focus on their immediate physical surroundings that they inevitably demand of themselves hour after hour, day after day.

Always Bear in Mind That Your Own Resolution to Succeed Is More Important Than Any Other

It makes a great deal more sense for ENFJs to be the force keeping these vital services organized and running well, taking their long-term views, people skills and idealism, and using them to shape the situation on the ground, while more physical personality types manage the moment-to-moment crises. People with the ENFJ personality type are always up for a good challenge – and nothing thrills them quite like helping others. But while willing to train the necessary skills, ENFJs will always show an underlying preference for the sort of help that draws a positive long-term trend, that effects change that really sticks.

At the heart of it, ENFJs need to see how the story ends, to feel and experience the gratitude and appreciation of the people they've helped in order to be happy.

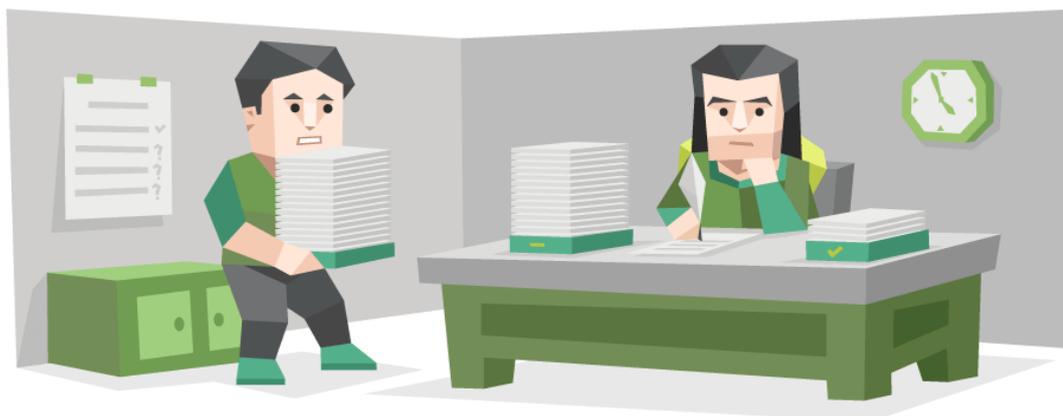
Careers operating behind enemy lines and arriving at the scene of the crime too late to help will simply weigh on ENFJs' sensitive hearts and minds, especially if criticized despite their efforts. On the other hand, ENFJs are a driven, versatile group, and that same vision that pulls them towards administration and politics can help them focus through the stress of the moment, knowing that each second of effort contributes to something bigger than themselves.

ENFJ in the Workplace

People with the ENFJ personality type are intelligent, warm, idealistic, charismatic, creative, social... With this wind at their backs, ENFJs are able to thrive in many diverse roles, at any level of seniority. Moreover, they are simply likeable people, and this quality propels them to success wherever they have a chance to work with others.

ENFJ Subordinates

As subordinates, ENFJs will often underestimate themselves – nevertheless, they quickly make an impression on their managers. Quick learners and excellent multitaskers, people with the ENFJ personality type are able to take on multiple responsibilities with competence and good cheer. ENFJs are hardworking, reliable and eager to help – but this can all be a double-edged sword, as some managers will take advantage of ENFJs' excellent quality of character by making too many requests and overburdening their ENFJ subordinates with extra work. ENFJs are conflict-averse and try to avoid unnecessary criticism, and in all likelihood will accept these extra tasks in an attempt to maintain a positive impression and frictionless environment.



ENFJ Colleagues

As colleagues, ENFJs' desire to assist and cooperate is even more evident as they draw their coworkers into teams where everyone can feel comfortable expressing their opinions and suggestions, working together to develop win-win situations that get the job done. ENFJs' tolerance, open-mindedness and easy sociability make it easy for them to relate to their colleagues, but also make it perhaps a little too easy for their colleagues to shift their problems onto ENFJs' plates. Being Diplomats (NF), people with the ENFJ personality type are sensitive to the needs of others, and their role as a social nexus means that problems inevitably find their way to ENFJs' doorsteps, where colleagues will find a willing, if overburdened, associate.

ENFJ Managers

While perfectly capable as subordinates and colleagues, ENFJs' true calling, where their capacity for insightful and inspiring communication and sensitivity to the needs of others really shows, is in managing teams. As managers, ENFJs combine their skill in recognizing individual motivations with their natural charisma to not only push their teams and projects forward, but to make their teams want to push forward. They may sometimes stoop to manipulation, the alternative often being a more direct confrontation, but ENFJs' end goal is always to get done what they set out to do in a way that leaves everyone involved satisfied with their roles and the results they achieved together.

ENFJ Personality – Conclusion

Few personality types are as inspiring and charismatic as ENFJs. Their idealism and vision allow ENFJs to overcome many challenging obstacles, more often than not brightening the lives of those around them. ENFJs' imagination is invaluable in many areas, including their own personal growth.

Yet ENFJs can be easily tripped up in areas where idealism and altruism are more of a liability than an asset. Whether it is finding (or keeping) a partner, staying calm under pressure, reaching dazzling heights on the career ladder or making difficult decisions, ENFJs need to put in a conscious effort to develop their weaker traits and additional skills.



What you have read so far is just an introduction into the complex concept that is the ENFJ personality type. You may have muttered to yourself, "wow, this is so accurate it's a little creepy" or "finally, someone understands me!" You may have even asked "how do they know more about me than the people I'm closest to?"

This is not a trick. You felt understood because you were. We've studied how ENFJs think and what they need to reach their full potential. And no, we did not spy on you – many of the challenges you've faced and will face in the future have been overcome by other ENFJs. You simply need to learn how they succeeded.

But in order to do that, you need to have a plan, a personal roadmap. The best car in the world will not take you to the right place if you do not know where you want to go. We have told you how ENFJs tend to behave in certain circumstances and what their key strengths and weaknesses are. Now we need to go much deeper into your personality type and answer "why?", "how?" and "what if?"

This knowledge is only the beginning of a lifelong journey. Are you ready to learn why ENFJs act in the way they do? What motivates and inspires you? What you are afraid of and what you secretly dream about? How you can unlock your true, exceptional potential?

Our premium profiles provide a roadmap towards a happier, more successful, and more versatile YOU! They are not for everyone though – you need to be willing and able to challenge yourself, to go beyond the obvious, to imagine and follow your own path instead of just going with the flow. If you want to take the reins into your own hands, we are here to help you.